



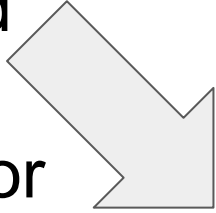
Headstrong - Week 19

2020/21

<https://www.youtube.com/watch?v=59IE-0oa8KM>



Caring for the planet as it has been recognised that this is very good for our well-being too.



6 Ways to Wellbeing

WAs explain all ways to wellbeing



Spirit

WHAT DO YOU DO TO GIVE?

Give



Mind

WHAT DO YOU DO TO KEEP LEARNING?

Keep Learning



Body

WHAT DO YOU DO TO BE ACTIVE?

Be Active



Planet

WHAT DO YOU DO TO CARE?

Care For The Planet



Place

WHAT DO YOU DO TO TAKE NOTICE?

Take Notice



People

WHAT DO YOU DO TO CONNECT?

Connect

HEALTHY SCHOOLS

CHALLENGE:

Your challenge over half term is to work out at least one change or idea that you could try in order to make an improvement to the environment. The next few slides give you some ideas, but you might have many other ideas too.





<https://www.ecosia.org/?c=en>

Search the web to plant trees...

=



× 50 =



70,570,955

Trees planted by Ecosia users

1 search on Ecosia

€0.005 in revenue

1 tree



= 50 kg CO₂

On average, each tree will each remove 50 kg of CO₂ during an expected 15 year lifetime



15% of global CO₂

If Ecosia was as big as Google, tree planting could offset 15% of all global CO₂ emissions

<https://www.smallsforall.org/>



Look at the website for more information about what is needed and the reasons why.

Please send your smalls to:

Smalls for All®

Five Sisters Business Park

Westwood

West Calder

EH55 8PN

United Kingdom

<https://parish.rcdow.org.uk/hitchin/recycling-in-the-parish/>

The website above explains everything which can be recycled at Our Lady's Church in Hitchin - when we aren't in lockdown, everyone is welcome to take their recycling there.





Recycle or Upcycle clothes

depop



10 clothing upcycles

ebay



REMEMBER

Your recycling bin isn't the place for textiles



PLEASE USE

Charity shops and charitable clothing collections, clothes banks or recycling centres



OR YOU CAN

Upcycle, recycle, re-fashion, reuse



recycleright

recycleright@merseysidewda.gov.uk
www.recycleright.org.uk
@gorecycleright f gorecycleright

Contribute
positively to a
good cause or
your community

Could you pick up litter
on your daily walk?



