





Headstrong - Week 23

2020/21



What a confusing week we had last week...

Monday 8th - International Women's Day

Tuesday 9th - Backlash against Meghan and Harry interview

Wednesday 10th - Police find the body of murdered Sarah Everard

Saturday 13th - Women are arrested for protesting against violence

What next???

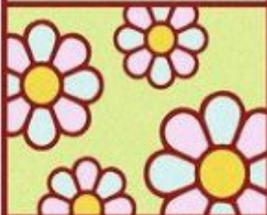


Data released by UN Women UK on the 10th March showed...

**97% OF UK
WOMEN HAVE
BEEN SEXUALLY
HARRASSED**

Only 4% of women reported
that this had happened to them
to the police

**WE HAVE THE
RIGHT
TO BE HEARD**

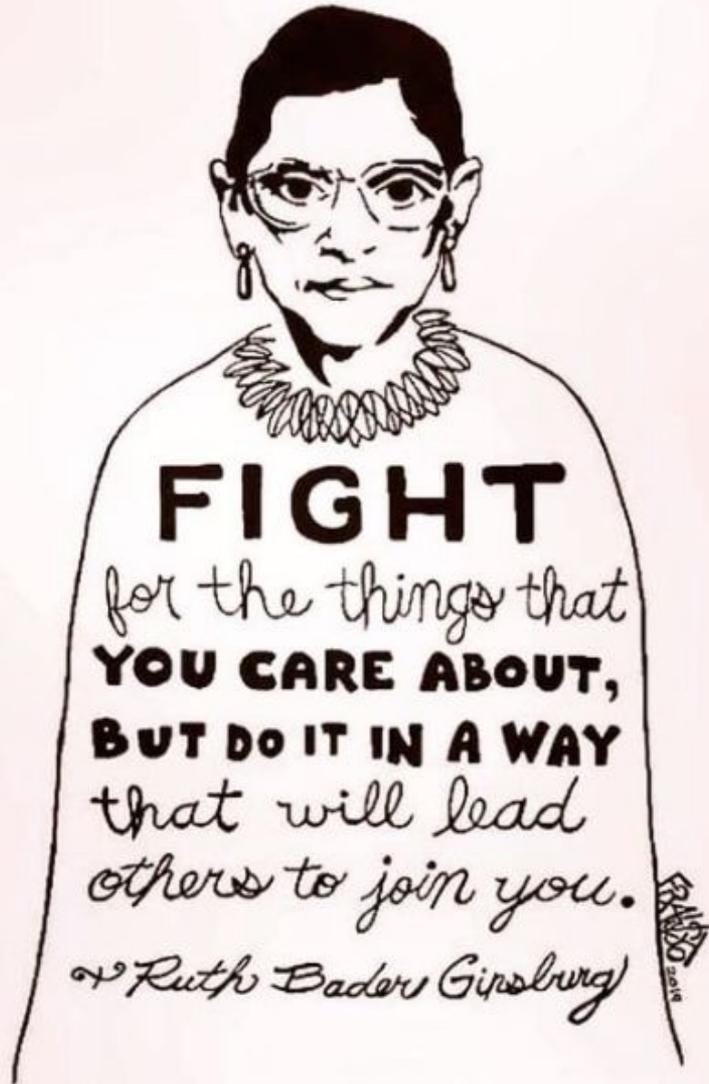


**GRI
PWR**



**WE ARE
ALL
STRONG
WOMEN**





Piper's
RAORDINARY
PEOPLE

Katie PIPER
WRITER & ADVOCATE AGAINST GENDER-BASED VIOLENCE

#DRAWALINE
THE WORLD'S MOST DANGEROUS

UN WOMEN
UNITED NATIONS





Service information

@allontheboard
#allontheboard

Date

Time

WOMEN SHOULDN'T HAVE TO BE CAREFUL WITH WHAT THEY WEAR,
WALK HOME SCARED, GRIP THEIR KEYS IN THEIR HAND
AS THEY WANDER HOME, BE TOLD TO STAY IN GROUPS
AND NOT TO GO OUT AT NIGHT;

WOMEN SHOULDN'T HAVE TO BE TAUGHT SAFETY PRECAUTIONS,
CARRY PERSONAL ALARMS, BE ADVISED TO LOOK OVER THEIR SHOULDERS,
STARTLED BY FOOTSTEPS FROM BEHIND, WALK FACING ONCOMING TRAFFIC,
FEEL THE NEED TO DOUBLE BACK OR SEND TEXTS SAYING
'BE SAFE', 'TEXT ME WHEN YOU GET HOME' AND 'TAKE EXTRA CARE';

WOMEN SHOULDN'T HAVE TO TAKE LONGER ROUTES,
BE SCARED OF BUSHES AND SHADOWS, NOT WEAR EARPHONES,
MAKE FAKE PHONE CALLS, BE HYPER VIGILANT OF ASSAULT
OR BE TAUGHT HOW TO DEFEND THEMSELVES JUST IN CASE;

WE NEED TO GET TO THE ROOT OF THE PROBLEM,

WE NEED TO LEARN AND CHANGE CERTAIN BEHAVIOURS,

WE NEED TO MAKE WOMEN FEEL SAFE EVERYWHERE.

HEALTHY SCHOOLS

CHALLENGE:

Challenge 1 - continue with the 5 ways to well-being challenges from last week - can you find and complete them all?

Challenge 2 - This is trickier and is a longer terms challenge for us all...

- (a) Will you speak up if you see someone being harassed?
- (b) Will you encourage others to stop accepting that it is ok to be scared when you walk home?
- (c) Will you talk about violence against women so we know that it isn't being ignored?

A young woman with voluminous, curly brown hair is smiling broadly and waving her right hand. She is wearing a light grey sweater. The background is a blurred, dark grey-blue color.

Let's all choose to challenge.
#IWD2021 #ChooseToChallenge

TO THE LADIES,
EVERYONE WHO SAYS
YOU CAN'T

DO ANYTHING,
BE ANYTHING,
SAY ANYTHING,
CHANGE ANYTHING...
DON'T KNOW ANYTHING
ABOUT YOU.
GO AND CHANGE THE
WORLD.

