



Headstrong - Week 18

2020/21

<https://www.youtube.com/watch?v=63hUBFUxMXg>



"The clouds are getting darker," said the boy



"Yes," said the horse, "but do you see they are moving? Sometime soon, they will leave."



"This storm is making me tired," said the boy
"Storms get tired too," said the horse, "so hold on."

HEALTHY SCHOOLS

CHALLENGE:

At the moment it can be hard to see when things will change and ever be 'normal' again. We miss people, we miss things, we miss places. Reflecting on how we feel and remembering this time of challenge and how far we have come can be a really helpful process.

<https://www.futureme.org/>

Your challenge is to use the Future Me website to write yourself a letter. It might include your hopes, your thoughts, your current feelings. It is entirely up to you - you can set when you want it sent back to you too!



Sunny
days are
coming

nikkimiles



WHEN THE ORDINARY

IS CHERISHED

IT IS TRANSFORMED TO

EXTRAORDINARY

@apeaceofwork