

STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 1
Autumn Winter 2025/26
03/11/25, 24/11/25,
15/12/25, 05/01/26,
26/01/26, 16/02/26,
09/03/26, 30/03/26

MAINS

SIDES

PASTA & NOODLE POTS

DELI HOT

FILLINGS

BIG BOWL SALAD

DESSERTS



Vegan Mince & smashed
Avocado Rice Bowl V

Smokey Chipotle Bean
& Avocado Rice Bowl V

Tortilla Croutons, Pink
Onion & Crisp Lettuce V

Chinese Style Char Sui
Chicken in Chinese BBQ
Topped Noodles

Southern Chicken
Strips Wrap

Vegan Mince chilli

Avocado
Super Green Salad

Chai Spiced Baked
Rice Pudding



Char Siu Roast Pork
with Chinese Style
Curry Sauce

Chinese Style
Vegetable Curry V

Steamed Rice & Wok Fried
Veggies V

Best Ever Bolognese

Deep pan Pizza

Chinese Style Curry Char
Siu Pork

Avocado
Chicken Caesar

Lemon Meringue Apple
Crumble & Custard



Roast Chicken & Thyme
Toad in the Hole

Veggie Banger Toad
in the Hole V

Roasties, Smashed
Honey Parsnips &
Seasonal Greens V

Classic Meatball Pasta

BBQ Pink Onion
Deli Dog

BBQ Beans & Pink Onion

Quinoa
Superfood Bowl

Aspens
Toffee Cookies



Aspens Hand Pressed Beef
Burger, Caramelised Onion
& Mac Sauce

Cheese & Onion Burger V
with Smoky Tomato Relish

Roasted Root Veg V
Wedges & Green Salad

Classic Veggie Chow Mein

Pepperoni Stromboli

Cheese, Caramelised
Onion & Mac Sauce

Grain & Seed
Health Bowl

Apple Tart Tatin
& Custard



Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice V
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

Protein Packed
Spicy Pork & Lentil Ragu

Cheesy Chips

All The Classics

Special Salad

Brownie
Blondie Ripple

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 2
Autumn Winter 2025/26
10/11/25, 01/12/25,
22/12/25, 12/01/26,
02/02/26, 23/02/26,
16/03/26

MAINS

SIDES



sabor de
Portugal

MON

Smokey Bean Empanada
and rice

Peri Crispy Chickpea &
Butterbean Pasta Bake

Zesty Dressed
Roast Broccoli



Home
STYLE

TUE

Honey Mustard Glazed
British Bangers with
Roasted Red Onion

Honey Mustard Glazed Veggie
Bangers with Roasted Red
Onion

Leek Mashed Potatoes,
Mushy Peas & Gravy



Home
STYLE

WED

Slow Roast Garlic &
Rosemary Pork with
Apple Stuffing

Cauliflower & Broccoli
Cheesy Bake

Roasties, Savoy Cabbage
& Cauliflower



INCREDIBLE
INDIA

THU

Chicken Tikka
Balti Curry

Butternut Tomato
Chilli Masala

Garlic Rice, Roasted
Cauliflower & Green Beans



Chips
& More

FRI

Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

PASTA & NOODLE POTS

Thai Green
Vegetable Noodles

Best Ever Bolognese

Classic Meatball Pasta

Classic Veggie Chow Mein

Super Green Lentil Pesto

DELI HOT

BBQ & Crispy Onion Wings

Crispy Chicken Burger

Cheese and tomato
Calzone

Curried Chicken &
Spinach Wrap

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

- LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY -

FILLINGS

Smokey Bean & Cheese

Bolognese

Meatball Marinara

Chicken Tikka Balti

All The Classics

BIG BOWL SALAD

Zesty Kale &
Tandoori Chickpea

Indian Chickpea
Greens & Mint Yoghurt

American Style
Cobb Salad

Honey Mustard Chicken
Cobb Salad

Special Salad

DESSERTS

Cinnamon Raisin
Oat Cookie

Banana Sticky Toffee
Pudding & Custard

Custard Tart

Coconut & Pineapple
Upside Down Cake

Cheesecake
Cookie Slice

Daily Meal Deals
Regular
Chef's Specials

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DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 3
Autumn Winter 2025/26
17/11/25, 08/12/25,
29/12/25, 19/01/26,
09/02/26, 02/03/26,
23/03/26

MAINS

SIDES

PASTA & NOODLE POTS

DELI HOT

FILLINGS

BIG BOWL SALAD

DESSERTS



Cauliflower and cheese ^V

Crispy topped Macaroni and
cheese ^V

Savoy Cabbage
& Peas ^V

Teriyaki Chicken Noodles

Thin crust Margherita

Cauliflower and cheese

Roasted Tomato & Pepper
Pasta Salad

Old School Jam
Cornflake Crunch



BBQ Chicken &
Cheese Melt

Cajun Spiced
Bean Burger ^V

Cajun Rice & Roasted
Mediterranean Veg ^V

Protein
Lean Chicken Bolognese

BBQ
Cornflake Crunch Wings

Smoky Spanish Beans
& Aioli

Pasta Butterbean,
Roasted Tomato & Spinach

Baked
Cheesecake



Maple Glazed Gammon
with Crispy Smashed New
Potatoes

Honey Carrot & Apple
Wellington ^V

Carrot & Swede Mash,
Green Beans ^V

Classic Meatball Pasta

Masala Mayo Deli Dog

Masala Mayo, Cheese &
Crispy Onion

California Caprese

Banana Choc Chip Loaf



Pork Ragu
Lasagne al Forno

Spinach, Cream Cheese &
Roasted Veg Lasagne ^V

Crusty House Baked Bread,
Roast Carrots
or Garden Salad ^V

Pulled Ham Carbonara

Chinese Style
Chicken Wrap

Pulled Ham
Carbonara Sauce

Citrus Chicken, Spinach
& Mozzarella

Maple Apple Pie
& Whipped Cream



Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice ^V
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

Classic Chicken
Chow Mein

Cheesy Chips

Loaded
All The Classics

Special Salad

Aspens Best Ever
Chocolate Brownies

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO