

## PE Department

We have had a fantastic summer of sport. Teams have trained and competed in rounders, cricket, athletics and tennis. Sports Week was successful and a school record was broken. Almost 200 students were involved in the annual Gym and Dance Display. We also hosted our first HGS Sports Awards and celebrated a fantastic year with a special guest!

## ATHLETICS

### **County League**

Congratulations to the County Athletics teams who made it to the finals and competed against the top 8 schools in the County. They showed real determination and perseverance on what was an incredibly hot day. The U16's finished in 5th and the U14's finished in 3rd. Well done for your hard work and dedication, it has been an amazing season.



Under 14 County Final



Under 16 County Final

### **District League**

Congratulations to everybody who competed in the District Athletics League this term. Both Year 7 & Year 9 were overall winners!



## District Athletics Championships

We had an incredible day of results at the District Champs;

Year 7 - District Champions!

Year 8 - District Champions!

Year 9 - 2nd place

Year 10- District Champions!



Congratulations to all athletes who have competed this year, it has been a pleasure to spend the summer with you all and I am truly proud of what you have all achieved. Thank you to Miss Jacobs for overall organisation of the team and to Mrs Edwards for supporting on fixtures.

## TENNIS

A great turn out to tennis club this year, resulting in clear improvement in skills and match play, and some good tournaments at club. Well done to all students who participated in tennis fixtures! Some great tennis was played! Thank you to Mrs Gales for running the teams this year.



The Year 9 & 10 teams won all of their league matches, going through to represent North Herts in the Nicola Mabbitt finals at Radlett Tennis Club! Well done!

## Wimbledon Trip

Miss Jacobs, Miss Froud and eight of our school tennis team enjoyed an amazing day of tennis on court one at Wimbledon. Thank you to Miss Jacobs for organising this trip.

And we even got to meet Gary Lineker!!



## ROUNDERS



Year 7 Team

Huge congratulations to our Year 7 rounders team who played brilliantly at their recent tournament and came 2nd overall.

Well done to everyone involved in this team and in other school rounders matches.

## Year 8 Team

Year 8's have had a highly successful term of Rounders.

They played superbly in their tournament and are the new District Champions! Amazing result!

Well done to everyone that took part and also to students that played in previous games throughout this term.



## Senior Team

Congratulations to our Senior rounders team who became District Champions



Congratulations to all of the Year 9s and 10s players who participated in any rounders games this year. The Year 9 team came joint third at the District tournament. Thank you to Mrs Johnson and Miss Froud for training and organising the teams this year.

## CRICKET

Our U13's and U15's played in Chance to Compete cricket tournaments both doing well and finishing in 3rd place. Thank you to Mrs Powell for her support at training and at both tournaments.



Under 15 Team

## SPORTS LEADERS

Well done to the Year 12 Sports Leaders who organised and ran a Superhero themed sports festival for 200 primary school children. Thanks also to the Year 10 leaders who helped to run the activities. It was a huge success and the leaders were a real credit to the school. Thank you for all your hard work over the last 3 years!



## **Transition Club**

We ran Transition Club again this summer where our upcoming year 6 students were invited to come and experience high quality football and netball coaching. A number of our year 10 & year 12 leaders have been involved in this programme, supporting the lead coaches. Well done to Sadie R-H, Hannah C, Sophie-May C, Evangeline O, Evie H, Rebecca J, Molly B, Tilly M, Lucia D-C. Thank you to Miss Jacobs for working with Mr Jennings to deliver this programme.

## SPORTS DAY

Sports Week was successful once again. Year 7 student Abigail H broke the school record for 100m with a time of 13.9 seconds. Please find winners of each year group below.

Y7 - Curie

Y8 - Austen

Y9 - Austen

Y10 -Teresa / Frank

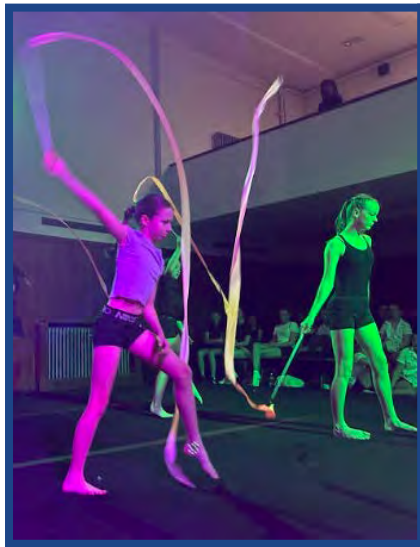
Overall House Trophy = Austen



## GYM AND DANCE DISPLAY

The Gym & Dance Display was a great success this term with approximately 200 students performing. Many of the pieces were choreographed and groups coached by students themselves. Well done to all involved. Thank you to the young leaders who contributed; Bibi W, Freya B, Daisy M, Esme P, Lily B, Millie G, Harriet U, Mirelle R, Freya W, Isabelle W. Thanks to Bethany D-G and Tilly Mai S and ex student Amelie B for running the lighting.





### DUKE of EDINBURGH'S AWARD

In May and June, in sunshine and many showers, Year 10 completed their D of E Bronze expedition. They walked approx. 25km over the weekend, although some walked much further due to getting lost! They then spent a night under canvas having cooked their meal on camping stoves. Well done to all involved and thank you to Mrs Edwards for providing this opportunity.





## SPORTS AWARDS

HGS hosted our very first Sports Awards. We relaunched the Sporting Colours scheme; students across all year groups were awarded with a badge for outstanding performance/progress/commitment to sport this academic year. Current Year 7 students will aim to collect a full set out colours over their time at HGS. Special guest Ellie Rattu of England Netball & London Mavericks joined us and delivered an inspiring Q&A session.



# Y7 SPORTS COLOURS

Saskia B

Florence B

Yolanda P

Philippa S

Lucy W

Ada A

Elyn F

Emma H

Eleanor S

Chloe T

Kelita W

Rebecca W

Amy W

Millie W

Abigail H

Scarlett H

Elsie M

Harriet N

Isla R

Darcy R

Evie W

Tilly B

Lily C

Darcie E

Amelie F

Phoebe J

Lucia M

Isla M-B

Matilde N

Holly S

Tara T

Rosalie B

Florence B

Elizabeth C

Esmee D

Bonnie D

Martha E

Nandi I

Nihal L

Bella K

Violet S

Ella W

Lola W

Amelie K

Ellie-Rose M

Felicity M

Laura N

Grace S

Haysan S

Lyra T

Milly C

Eden N

Amy R

Dyal R

Izzy S

Annabel B

Neve C

Tilley G

Joanna H



# Y8 SPORTS COLOURS

Ksenija A	Ivy K	Sachi B
Millie B	Lauren P	Ivy B
Elana B	Isla S	Emily G
Ines C G	AlexiaB	Kitty H
Sarah H	Audrey C	Izzy K
Lily K	Bella G	Beatrice L
Phoebe L	Tabitha H	Lottie N
Daya N	Annabel H	Charlotte W
Hannah P	Ella K	Abigail A
Lauren R	AmityL	Poppy G
Emelia W	Isla N	Matilda G
Alice W	Claudia P B	Jemima H
Grace W	Amber R	Sophie J
Teya S	Isabelle W	India N
Grace B	Poppy H	Kes O
Poppy C	Jess J	Addie T
Erin D	Clemie P	Helena W
Lucia H	Daisy W	Eve B
Violet P	Allegra B	Sophie G
Rosie R	Sargun B	Daisy M
Phoebe H	Grace F	Fareeda S
	Lillie H	
	Isabella H	



# Y9 SPORTS COLOURS

Ilona A

Millie C

Serena H

Peaches L-G

Scarlett M

Imogen M

Esme P

Neve S

Brooke T

Eva W

Isabelle A

Millie C

Agnes F

Emily H

Jessica M

Emily W

Yvie A

Olivia B

Maisie G

Isadora M

Sophie P

Georgina S

Ester G

Annie G-R

Hannah K

Alexandra W

Elsie B

Bryony H

Emily H

Mia P

Abigail H

Ellie R

Rosie S

Jessica P

Bea T W

Faye L

Eva P

Warrington M

Esme H

Keya M

Emily T

Libby T



# Y10 SPORTS COLOURS

Molly B

Olivia C

Martha D

Eve H

Tilly M

Mirelle R

Megan T-W

Beatrice T

Alice L

Isabella S

Lucy B

Flo C

Florence F

Ava K

Indiya Q

Serena S

India H-M

Olivia P

Layla B

Tilly G

Matilda K

Nia K

Lauren M

Evangeline O

Rowan S

Lyla T-W

Leya A

Lydia B

Evie C

Lucia D-C

Emily H

Edythe O

Erin P

Sadie R-H

Hannah C

Charlotte G

Charlotte M

Charlotte R

Evie W

Helin Y



# Y11/SENIOR SPORTS COLOURS

Juliet A  
Daisy M  
Olivia T  
Chloe M  
Millie W  
Jessica B  
Ava D  
Lila G  
Lexie W  
Freya W  
Millie G

Emily R  
Isabelle W  
Lydia H  
Tilly Mai S  
Anouska B  
Maia P  
Bethany D-G  
Molly W  
Enya K  
Bibi W  
Lily B  
Elodie L C  
Jessica F

Freya B  
Evie H  
Rebecca J  
Madeline P  
Sarah V P  
Eve S  
Chloe L  
Amelie S  
Rose B  
Sophie B  
Emilia B  
Francesca H



# Performers of the Year

	Football	Netball	Hockey	Trampolining	Dance	Gymnastics	Rounders/Cricket	Athletics	Tennis	Cheerleading
Y7/8	Izzy K	Phoebe H	Holly S	Bonnie D	Tabitha H	Bella K	Sophie G	Ivy K	Sachi B	Elana B
Y9/10/Senior	Lydia H	Molly B	Olivia B	Mirelle R	Bibi W	Emily H	Eva W	Nia K	Olivia C	Bethany D-G



## Y7/8 Team of the Year

### Y8 Netball District Tournament Team



Sophie J  
Phoebe H  
Audrey C  
Lauren R  
Ella K

Sophie G  
Isabella H  
Sargun B  
Lucia H





## Y9/10/Senior Team of the Year

### *U16 District Athletics Team*



Edythe O  
Faith C  
Neve S  
Sarena S  
India H-M

Sadie R-H  
Flo F  
Hannah C  
Flo C  
Nia K



## Sports Leader of the Year

Level 1 Sports Leader of the Year - Sadie R-H

Level 2 Sports Leader of the Year - Tilly Mai S

Level 3 Sports Leader of the Year - Meme B

Young Leader of the Year - Bibi W

## Y7/8 Sports Personality of the Year

Haysan S



## Y9/10/Senior Sports Personality of the Year

Nia K



Lastly, we say goodbye to Mrs Johnson who is leaving HGS at the end of the term. Mrs Johnson went to HGS as a student herself and reminisces fondly on the PE traditions that we still keep up today. She has given so much to the department over the years and provided lots of opportunities for students in sport and physical activity. We will miss her expertise in netball, dance and rounders especially. Thank you for your 22 years of service to the school. We wish you all the best for the future.