



Christmas Break – Activities, Signposting and Support



Here's your invitation to book fun filled school holidays!



22nd December to 4th January

HAPpy Camps are free and lots of fun! At camps you can try new sports, eat tasty food, craft, create and meet new friends.

Camps are free to children

- aged 5 to 16,
- attending school in Hertfordshire, and
- in receipt of benefits related free school meals

Get your unique HAPpy Booking Code from your child's school to access any of the camps.



Book online from 6th December

www.sportinherts.org.uk/happy/booking



Winter HAPpy camps will go live on the 6th of December. Details for all camps and booking will be on this webpage



- <https://sportinherts.org.uk/happy/booking/>

HAPpy Camps are free activity camps offering eligible children the opportunity to take part in sports and activities, arts and crafts, and enjoy a meal with friends while having fun during the holidays. They are for children aged 5 to 16, attending a Hertfordshire school and be in receipt of benefits related free school meals.

Booking opens from 6 December, if eligible you will be sent a unique HAPpy Booking Code from your child's school. [HAPpy Activity Camps - Herts Sports Partnership \(sportinherts.org.uk\)](https://sportinherts.org.uk/happy/booking/)

Click [HERE](https://www.hitchinpartnership.org.uk) for full activity summary or go to www.hitchinpartnership.org.uk

DWSS Christmas Soccer Camp

FOOTBALL FUN & GAMES, DAILY CHALLENGES, LIGHTING, MUGA FOOTBALL & MINI TOURNAMENTS. DAILY PRIZES TO BE WON!

THE PLUFFIEST, FUNNIEST & MERRIEST SWEATER WILL BE CROWNED THE CHRISTMAS PRINCE CHAMPION!

EARLY BOOKING OFFER £15 UNTIL 1ST DECEMBER £17 THEREAFTER. EARLY DROP OFF/LATE PICK UP AVAILABLE.

21st & 22nd December
9.30am - 3.15pm
Our Lady School, SG2 1XT

Get Ready To Have Some Fun.

Want to learn lots of festive, fun routines to pop music? Want to dance to Christmas tracks?

Christmas Camp
Fun, dancing and a merry good time!

Wed 22nd Dec
10.00am - 3.00pm at
Samuel Lucas School
Hitchin SG5 2JQ

£20 for boys and girls aged 5-11 yrs

Email clara@popdanceworld.com to book your place - hurry as places book up fast!

Dress Christmasly and ready to dance!

For more information visit www.popdance.co.uk/Hitchin

Kids Company

CHRISTMAS HOLIDAY CAMP
MONDAY 20th DECEMBER – THURSDAY 23rd DECEMBER 2021

MONDAY	SHORT SESSION	8.45AM - 3.15PM	£27.00
	LONG SESSION	8.00 AM - 6.00PM	£33.00
TUESDAY	CHRISTMAS ARTS/CRAFTS	9.00AM - 12.00PM	£20.00
	MULTISPORT	9.00AM - 12.00PM	£20.00
	NERF WARS	1.00PM - 4.00PM	£20.00
WEDNESDAY	CHRISTMAS ARTS/CRAFTS	9.00AM - 12.00PM	£20.00
	ARCHERY	9.00AM - 12.00PM	£20.00
	TEAM GAMES/MOVIE	1.00PM - 4.00PM	£20.00
THURSDAY	CHRISTMAS ARTS/CRAFTS	9.00AM - 12.00PM	£20.00
	STREET DANCE (with Vicks)	1.00PM - 4.00PM	£20.00

(If you attend both the morning and afternoon sessions on either a Tuesday, Wednesday or Thursday then you are welcome to arrive any time from 9am, collect up till 6.00pm, and stay for lunch, please provide a not free packed lunch.)

Sensory Movement Workshops
Specifically for those aged 3+ with suspected or diagnosed additional needs

Winter Wonderland
Join us for all things to do with the magical winter season! We will explore our winter wonderland through sight, sounds and textures. Come in from the cold, wrap up warm and join us!

Tuesday 21st December | 10 - 10.45am

Christmas Time
Let's celebrate all things festive as we get ready for the most wonderful time of the year! See what those closely elves get up to, explore the North Pole, and see how Father Christmas gets himself ready for the big day...

Wednesday 23rd December | 10-10.45am

Free to attend!
Winter Wonderland
Eagle Farm Road
Biggleswade, SG18 8JB

Imagination Dance
Community Interest Company

HITCHIN LIBRARY

廣東話故事時間
CANTONESE STORY TIME

2pm on the following dates:
Friday 29th October, Saturday 20th November,
Saturday 18th December, Saturday 15th January,
Saturday 19th February, Saturday 19th March

Enquiries: www.facebook.com/hitchinlibrary

WINTER WORKSHOP

Festive workshop for those with suspected or diagnosed SEND and additional needs | Age guidance 7+

20th, 21st & 22nd December | 11:30am - 1pm

Stratton Leisure Centre, Eagle Farm Road, Biggleswade, SG18 8JB

Join us for some festive fun as we learn a winter dance, do some Christmas themed drama, and play lots of games...plus more!

Book your FREE space today!
info.imaginationarts@yahoo.com
07714 378887

Hitchin Partnership CIO, Family Support Service to Hitchin Schools hitchinpartnership.org.uk Registered Charity: 1158637

Disclaimer: The information provided here is for general guidance only. Hitchin Partnership CIO aims to provide accurate and up to date information but cannot guarantee at any time that all the information is up to date, accurate or of good quality. We advise that you phone to book a place on many of these activities to avoid disappointment and to check that the details haven't changed. If your child has additional needs, it would also be advisable to discuss their support needs before accessing a club. The information and flyers provided on our website are signposted by the providers, it is not the responsibility of Hitchin Partnership to check Ofsted, DBS, Covid regulations, please ensure you check these details with the provider you are booking with.





uPlay Sports 10% SIBLING DISCOUNT

Christmas Holiday Camps

Venue: Hitchin Girls School

Dates:
 Week 1: 22/23/24 Dec Week 2: 29/30/31 Dec

Multi- Sports Camp 9:00am-4:00pm
Tennis Camp 9:00am-12:00pm

Day and Week Bookings Accepted
 Early Drop Off and Late Pick Up Available

Covid 19 Safety Measures In Place

To book on or for more information: uplaysports.co.uk office@uplaysports.co.uk

uPlay Sports 10% SIBLING DISCOUNT

Christmas Netball Camps

A fun day of Netball filled with Skills, Drills and Matchplay
 For School Years 5 - 9 (Ages 9 - 14)

Date: Wednesday 22nd December

Hitchin Girls School 12:30pm-4:30pm Royal Masonic School 10:00am-3:00pm

Day and Week Bookings Accepted
 Early Drop Off and Late Pick Up Available

Covid 19 Safety Measures In Place

To book on or for more information: uplaysports.co.uk office@uplaysports.co.uk

uPlay Sports 10% SIBLING DISCOUNT

Christmas Tennis Camp

A FUN & INSTRUCTIVE CAMP OVER THE CHRISTMAS BREAK FOR AGES 5-14 YEARS OLD OF ALL ABILITIES.

Venue: Hitchin Girls School

Dates:
 Week 1: 22/23/24 Dec Week 2: 29/30/31 Dec

9:00am-12:00pm

Day and Week Bookings Accepted
 Early Drop Off and Late Pick Up Available

Covid 19 Safety Measures In Place

To book on or for more information: uplaysports.co.uk office@uplaysports.co.uk

ENCOURAGING AND INSPIRING THROUGH PE, SPORT & THE ARTS

SMALLSTARS DECEMBER HOLIDAY CAMP

Norton St Nicholas School Letchworth

Dec 22nd & Dec 23rd

9:00am - 3:15pm

£25 (£20 early bird expires 12/11/21)

SMALL STARS IS THE DETAILS BEHIND THE SCENE. AVAILABILITY, JOURNALS, BOOKINGS & SUPPORT. NO ONE LEAFS HOME. IN THE SCHOOL, OFFICE, WITHOUT YOUR CONTACT. WE'RE ALL FUTURE AND SMALL STARS, WE'VE ALL GOTTEN TO SCHOOL.

CONTACT SMALL STARS E: ADMIN@SMALLSTARGROUP.COM
 M: 07943549640 F: SMALL STARS @SMALL STARSUK

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Ways to Wellbeing	Primary ways to wellbeing series: https://www.youtube.com/playlist?list=PL5jBv9G9gCspAWY1OQGx-fGYQpcK4dn-A	Secondary ways to wellbeing: https://www.youtube.com/playlist?list=PL5jBv9G9gCsq7zJ5QEWPfMe131gERwb3Z
Returning to School	Primary - returning to school: https://www.youtube.com/playlist?list=PL5jBv9G9gCspUWOGAbLhujzA4ik42Cs1U	Secondary - returning to school: https://www.youtube.com/playlist?list=PL5jBv9G9gCsqhFfv0ukhn9avhhNIWfJQ2
Secondary - building resilience series:	https://www.youtube.com/playlist?list=PL5jBv9G9gCsq3M04u8M2SeQ6zRF9IhgWv	Coping with change: https://www.youtube.com/watch?v=j-8E-O5DDNU&t=182s
	Coping with change Podcast: https://www.speaker.com/user/phasehitchin/change-episode-1	Parenting podcasts: https://soundcloud.com/user-201698962

Parent videos



Transitioning to a new school ages 6-7



Building resilience and confidence



Dealing with anxiety



Coping with anger



Supporting children in the LGBTQ+ community



Supporting children with neurodiversity

Resources for Parents [Additional Resources - NESSie IN ED, CIC](#)



Funded by Hitchin Mental Health Recovery Team

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SEND families



SEND DROP IN

1st Thursday in every month – 10.00 – 11.30am

Chestnut Tree Family Centre, C/O Garden City Academy, Radburn Way, Letchworth Garden City SG6 2JZ

FREE bookable session



We are **HertsHelp** - a network of community organisations in Hertfordshire working together. We're here to listen and help you find independent support, guidance and information you need to get the most out of life.

Monday - Friday 8am – 8pm Saturday - Sunday 10am - 6pm. 0300 123 4044

<https://www.hertshelp.net/hertshelp.aspx>

<https://www.healthyhubnorthherts.co.uk/activities>

<https://www.healthyhubnorthherts.co.uk/>



SESSION DETAILS
Are you a Parent of a Child with Special Needs?
If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis. We can provide a friendly ear and a safe space to talk.
Children are welcome to attend with you or you can attend on your own. Children are welcome, no diagnosis needed.

HOW TO BOOK

Log onto our Eventbrite page to book your place <https://bamardo-north-herts.eventbrite.co.uk>

MORE INFORMATION
[hertsfamilycentres.org](https://www.hertsfamilycentres.org) Call us on: 0300 123 7572



Find the support you need at the Families First Portal

Families First is the name for early help in Hertfordshire. It is a way of getting extra support for your family to help you manage problems early on.

Families First is available to all Hertfordshire families with children under 18 (25 if they have a learning need or disability).

Visit the [portal](#) for more information, with direct links to:-

- Relationship Support
- Parenting advice and childcare
- Money advice
- Emotional and mental health
- Domestic abuse support
- Staying healthy
- Online Safety
- SEND Local Offer

and many other useful links



@familiesfirstherts

@11herts

hertfordshire.gov.uk/familiesfirst



"I am struggling to cope with everything at present, so feeling overwhelmed."

"I'm worried about my child's behaviour in school and at home"

"I'm worried about money"

"I need reassurance and support"

Healthy Hub Community Wellbeing Mornings

New, exciting, free wellbeing mornings are running at our Hitchin and Royston pop up hubs this month. For November we have a 'Managing Anxiety' talk and advice session for adults in Royston and a fun Autumn crafts morning for families with under 5's in Hitchin; well as NHS health checks. Book now to guarantee your space.



Royston & Hitchin community wellbeing days
from the North Herts Healthy Hub
FREE WELLBEING TALKS AND FAMILY ACTIVITY SESSIONS

Royston	Hitchin
<p>3 Nov - Managing anxiety for adults</p> <p>17 Nov - Improving physical wellbeing and ideas for being more active for adults</p> <p>1 Dec - Introduction to mindfulness for adults</p> <p>15 Dec - Winter crafts under 5's</p> <p>5 Jan, 19 Jan, 2 Feb - Fun with food for under 5's</p> <p>Market Hill Rooms, Fish Hill, Royston, SG8 9JL</p> <p>Session times vary - please contact the hub for more info and booking.</p>	<p>15 Nov - Autumn crafts for under 5's</p> <p>13 Dec - Festive fun with food for under 5's</p> <p>Free NHS health checks for age 40 to 74 years</p> <p>Westmill Community Centre, John Barker Place, Hitchin, Herts, SG5 2PG</p> <p>Session times vary - please contact the hub for more info and booking.</p> <p>Numbers are limited so must be pre-booked by emailing healthyhub@north-herts.gov.uk or calling 01462 474111</p>

To find out more, contact the Healthy Hub on 01462 474111 (Mon-Fri, excluding bank holidays), email at healthyhub@north-herts.gov.uk or visit the [Healthy Hub North Herts website](#) for more details.

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Services for Young People Westmill Project at Westmill Community Centre, Hitchin

Westmill Project takes place at the Westmill Community Centre in Hitchin. Come along and take part in fun activities! The Westmill Project is for 11-14 year-olds and takes place on Friday evenings.

At the Services for Young People Westmill Project you can take part in lots of different activities, such as:

- Sports activities and games
- T-shirt making
- Graffiti
- Drama
- Music
- Cooking

The Westmill Community Centre is fully wheelchair accessible.

Details

Venue: Westmill Community Centre, John Barker Place, Hitchin SG5 2PE

Age Range: 11-14

Cost: Free

Days and times:

Every Friday, 6.30-8.30pm
Term time only

Services for Young People North Herts and Stevenage 'Supporting You' Emotional Wellbeing and Resilience Project at Bowes Lyon Young People's Centre, Stevenage

If you are aged 13-16, live in the North Herts or Stevenage area and would like some support with your emotional wellbeing or are struggling with anxiety or low-mood, this Services for Young People 'Supporting You' Project could be for you.

The Services for Young People North Herts and Stevenage Supporting You Project takes place at the Bowes Lyon Young People's Centre in Stevenage. Join the project and you will take part in a series of focused activities which will help you manage your emotional and mental wellbeing.

The 2-hour sessions run every week over one term and will help you develop skills to improve your confidence and self esteem. You'll also learn a method for planning how to achieve goals. The sessions are designed to be effective, fun and memorable!

If this appeals, we want to hear from you!

Please either:

- fill in a [referral form](#) (young people can refer themselves) or contact us:
- Email: sfyp.stevenage@hertfordshire.gov.uk
- Call: 01438 843340 / Text: 07860 065178

Details

Venue: Bowes Lyon Young People's Centre, St Georges Way, Stevenage

Age Range: 13-16

Cost: Free

Days and times: Every Monday 6-8pm, Term-time only

Booking Info: Booking always needed

Services for Young People North Herts and Stevenage Identity LGBT+ Project is open to anyone in the North Herts and Stevenage areas who is lesbian, gay, bisexual, trans or questioning their sexuality.

The project is for young LGBT+ people aged 13-17 and is completely confidential. Please contact us for more details.

The Services for Young People North Herts and Stevenage Identity LGBT+ Project is a safe place for young people who are lesbian, gay, bisexual, trans or questioning their sexuality to meet with each other. Services for Young People staff support all who attend. We want you to enjoy meeting other young people in a safe space and have your say about what you want to happen.

Details

Venue: Contact us for details of the venue, which is in the, Stevenage/North Herts area

Age Range: 13-17

Cost: Free

Days and times: Every Monday, 7.30-9.30pm, Term time only

Booking Info: Booking always needed

Services for Young People

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