LGBTQ+ Language :)

By members of HGS' very own LGBTQ+ club

[:] It's Pride month and we are here to tell you about certain words that are appropriate and inappropriate to use and what some of the terms you might hear mean :)

What does LGBTQIA+ stand for??

The well known meaning (LGBT): Lesbian, Gay, Bisexual and Transgender

The full meaning (LGBTQIA+): Lesbian, Gay, Bisexual, Transgender, Questioning/Queer, Intersex, Asexual and Aromantic and more! (the plus)

What do some mean?: Lesbian- non-men loving non-men, Gay-non-women loving non-women. Bisexual- Someone liking both of the same and opposite gender. Transgender- Someone who doesnt feel like their biological gender. Questioning/Queer- A person questioning their identity / sexuality. Intersex- A person who is born with reproductive or sexual anatomy that doesnt fit the boxes of 'female' or 'male'.

Words and phrases to avoid when communicating with LGBTQIA+ people

- Don't call people slurs just because they're different.
 - "They're too pretty to be gay"
 - "If he didn't dress that way he wouldn't be made fun of for being gay"
 - "Don't talk to her, she's gay"
- "That's SO gay omg ahhaahh"
- "But you're a lesbian?"
- "I can turn you straight"

It can be offensive for some people to have to hear things like this - it can destroy someone's mental health without you even knowing

Lesbian - non-men (such as: gender neutral and feminine presenting non-binarys or cis women). Example:

Tilly (cis woman) <mark>loves</mark> Olive (feminine non-binary)

Gay - non-women (such as: gender neutral and masculine presenting non-binaries or cis men)

example: Remy (masc non-binary) loves Ben (cis man)





Some outdated terms:

- Queer

this word used to be said as an insult towards people in the LGBTQIA+ community. this term now is used as an umbrella terms for the community and is no longer offensive.

- Transexual

this term used to be used instead of Transgender.

- 'sex change'

this term was used to describe 'transitioning' between genders (being transgender).

some outdated terms:

- 'Transvestite'

transvestite was a term to address transgender people.

- 'Sexual preference / life style' The new term would be sexual orientation.

- 'Admitted homosexuals'

Addmitted implies that somethings wrong with being homosexual so instead say 'out' beacause it refers to the expression 'out of the closet'.

- He-she / She-male

This term is very disrespectful to transgender people.

Terms and names used for different genders:

Nonbinary: When someone doesn't feel like either of the binary genders aka Male and Female. Non Binary people usually use They/Them pronouns

Genderfluid: When someone's gender doesn't feel stationary or, as the name suggests, fluid. Their gender isn't fixed and their pronouns can change depending on their feelings.

Demi-girl / Demi-boy: When someone feels non-binary but has more of a lean towards a binary gender.

Agender: Agender people refer to themselves as having no Gender. Some see it as having a lack of gender and others See it as a more gender neutral feeling.



all the genders! There are many more but these are the most recognised.



Deadnaming is a term for when you call someone, who has changed their name, the name they got assigned at birth.

When someone chooses a certain name, and you don't like it. It doesn't mean you call them by their deadname when talking to them. When you address someone using their deadname, it can be very damaging to their mental health and can make them feel dysphoric (when someone feels uneasy or dissatisfied).

Mistakes! And how to solve them.

When you make a mistake of either using an outdated term, misgendering and deadnaming, you can always correct yourself. Nobody will attack you for making a mistake.

Example: if you misgender someone "I went to the shops with her and she bought me mini eggs" You can correct yourself and apologize.

HEALTHY SCHOOLS CHALLENGE:

June marks the beginning of Pride Month, honouring the LGBTQ+ community all over the world.

All over the world from Reykjavik to Buenos Aires, the community will be covered in rainbows and people showing Pride.

For the first time in 2 years, Pride celebrations will be back in full swing. Why not try our version of Pride with Pride Bingo!

Bake some Rainbow Pride Cupcakes	Research the main Pride community flags and their meanings	Create a piece of rainbow art with everyday objects
Create a Pride Outfit with all the colours of the Pride Flag	Create a poster to display in school showing pride importance	Research a famous LGBTQ person and write what they did for the LGBTQ+ community
Write a poem about being proud/showing pride	Watch a movie about a gay character and write a review on it	Do a TikTok dance showing your pride
Research and make a poster on the different colours of the pride flag and their specific meanings	Take a photo of something that represents pride in the community	Write a song about pride and what it means to you

