

Before you speak:

THINK

T = Is it True?

H = Is it Helpful?

I = Is it Inspiring?

N = Is it Necessary?

K = Is it Kind?





Headstrong

Week 14



HAPPY
NEW YEAR

2023



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**THINK
BEFORE
YOU HIT THE
SEND
BUTTON**

Before you...



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HEALTHY SCHOOLS

CHALLENGE:

As a form, think about occasions where you know the THINK approach might not have been applied either in conversations or online.

How could you do things differently next time?

Make sure you take responsibility for establishing whether things need to be said and whether they need to be posted.

"What do you want to be
when you grow up?"



"Kind," said the boy