





Headstrong 2023-24 Week 3



NATIONAL POETRY DAY 5TH OCT 2023

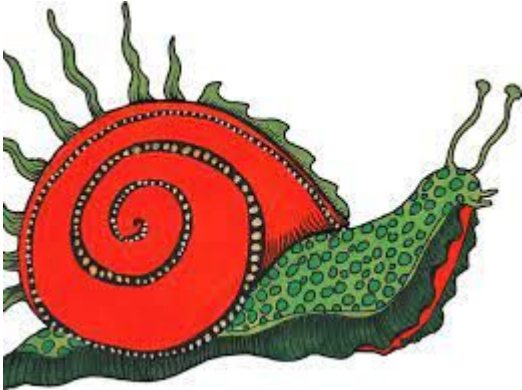
#NATIONALPOETRYDAY

REFUGE



Time to discuss:

What does the word **refuge**
mean to you?



The theme of this year's **National Poetry Day** is **Refuge**.

Every year there is a different theme.



One definition of refuge is:

the state of being safe or sheltered from pursuit, danger or difficulty.

Refuge may mean different things to different people: it may be a person, a place or an object which makes someone feel safe.

Let's look at a poem by Children's Laureate Joseph Coelho - "Take a Deep Breath":

Close your eyes,
imagine the sea.

Take a deep breath...
and let it out.

Close your eyes,
imagine the waves splashing your feet.

Take a deep breath...
and let it out.

Close your eyes,
imagine your toes in the sand.

Take a deep breath...
and let it out.

Close your eyes,
imagine the sun on your face.

Take a deep breath...
and let it out.



from *Blow a Kiss, Catch a Kiss* (Andersen Press, 2022)

<https://nationalpoetryday.co.uk/poem/take-a-deep-breath/>

Talk about the poem with your partner:

Close your eyes,
imagine the sea.

Take a deep breath...
and let it out.

Close your eyes,
imagine the waves splashing your feet.

Take a deep breath...
and let it out.

Close your eyes,
imagine your toes in the sand.

Take a deep breath...
and let it out.

Close your eyes,
imagine the sun on your face.

Take a deep breath...
and let it out.

What do you
think the poem is
about?

How does the
poem make you
feel?

What about the
poem makes you
feel this way and
why?

How does it fit
with the theme of
refuge?



Our Creative Competition

We are going to celebrate National Poetry Day and its theme this year with our own Hitchin Girls' School creative competition.



We're inviting you to create either:

a poem

or

a piece of artwork

on the theme of **refuge**.

How do I enter?

When you have created your entry, upload it onto our specially created Google Classroom. Here's the code: **hdiu4rb**



Deadline: straight after half term
(30th October 2023)

Judges: Mrs Foster, Mrs Batchelor
and a team of sixth form students

Prize: a £10 voucher (with chocolate
prizes for runners up!)

There are many more poems to inspire you on the National Poetry Day Website.



We will post some links on the Google Classroom for you to read if you want to join it.

You will notice lots of eye-catching imagery on the website too.

If you have spare time in form:

1. Browse the national poetry day website to read some more poems on the theme of refuge:

<https://nationalpoetryday.co.uk/poems/>

Share any other poems you like with your form and why.

2. Discuss this question with you form: *if you were to depict the idea of 'refuge' in a picture. What would you choose and why?*



If you would like to participate in the Memory Project, please complete the following google form:

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The Memory Project



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Creating a kinder world through art

