



HITCHIN GIRLS' SCHOOL

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Headteacher: Mr J. E. Crowther



Ref: 093

21st November 2025

Start of Year 7 Food Technology Rotation – Mandatory Preparation Required

Dear Parent/Carer,

The Food Technology rotation is about to begin and this is an exciting opportunity for your child to learn essential life skills. To ensure every student maximizes their practical time and has a successful lesson, mandatory preparation at home is essential.

Weighing ingredients at home is crucial. Students who arrive with unweighed ingredients will spend the lesson measuring rather than cooking, leading to lost learning time and potential stress.

Required preparation checklist

Please ensure your child brings the following to every lesson:

- Ingredients:** All required ingredients must be **pre-weighed** into containers or bags and clearly labelled with their name.
- Equipment:** Appropriate containers for transporting the finished product home must be included.

Essential resource: Google Classroom

Recipes, equipment lists, and deadlines are posted on Google Classroom as homework a week in advance. Please make checking this platform a routine with your child after their food lesson each week.

We maintain high expectations for preparation. Students who arrive without the correct, weighed out ingredients and necessary equipment will be unable to participate fully. In such instances, sanctions will be applied in line with the school behaviour policy.

Thank you for your vital support in ensuring your child is prepared for this rewarding subject.

Kind regards,

Mrs Sarah Winters
Teacher of Food Technology

