



HITCHIN GIRLS' SCHOOL

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Headteacher: Mr J. E. Crowther



Ref:102

9th December 2025

Dear Parents/Carers,

At Hitchin Girls' School, we are committed to ensuring the well-being and academic success of every student. We understand that life outside of school can sometimes present challenges, and we want to ensure we are providing the right support for all our students.

We are writing to ask for your help in identifying students who may be **Young Carers**.

What is a Young Carer?

A Young Carer is a child or young person under the age of 18 who takes on responsibility for looking after a family member who has a:

- Long-term illness or disability
- Mental health condition
- Drug or alcohol dependency

The care they provide might involve practical tasks like cooking, cleaning, or shopping, or it could be emotional support, looking after younger siblings, or helping with personal care or medication.

It is important to stress that this is a common situation for many families, and we approach this with sensitivity and complete discretion. We are not asking to intrude; we are asking to help.

Why we need this information

The reason we are requesting this information is purely to ensure that we can provide the necessary support and understanding for your child at school. Knowing that a student is a Young Carer allows us to:

1. **Provide Targeted Support:** We can connect your child with dedicated resources, such as access to our school's pastoral care system and external support services.
2. **Ensure Staff Understanding:** It allows staff (teachers, tutors, and pastoral leads) to have a better understanding of potential factors that might be impacting your child's attendance, concentration, or homework deadlines. This enables them to be flexible and empathetic without singling the child out.
3. **Offer Flexibility:** If a student is juggling school and caring responsibilities, we can work with you to find solutions regarding school routines, deadlines, and managing their workload.



How to let us know

If you believe your child is a Young Carer, or if they take on significant caring responsibilities at home, please complete the following confidential Google Form:

[Young Carers Google Form](#)

The form is very brief and will be treated with the utmost privacy and confidentiality by the relevant pastoral and safeguarding staff only.

We understand that sharing this information is personal, and we appreciate your trust in us to use it to benefit your child. If you have any questions before completing the form, please do not hesitate to contact the pastoral team at pastoral@hgs.herts.sch.uk or 01462 621300.

Thank you for your time and cooperation in helping us support all members of our school community.

Yours sincerely,



Mrs Laura Cole

Assistant Headteacher