



Take your taste buds on a journey

Aspens has been chosen to provide the meal service at your child's school. Take a look below for a glimpse at a typical menu.

SAMPLE MENU

STREATERIES

Spring/Summer 2024
KOREAN, CHINESE, JAPANESE, ITALIAN, MEXICAN, THAI, INDIAN, MEDITERRANEAN, MIDDLE EASTERN

MAINS	VEGETARIAN
<p>THAI STYLE CHICKEN SATAY NETT FREE WITH COCONUT RICE</p> <p>CREAMY CHICKEN CARBONARA STYLE LASAGNE WITH HOMEMADE GARLIC FOCACCIA</p> <p>SWEET PINEAPPLE GLAZED GAMMON WITH HERRY SMASHED CRISPY NEW POTATOES</p> <p>CHICKEN MADRAS with Naan, Nachos & Mint Yogurt WITH YELLOW RICE</p> <p>BATTERED FISH SAUSAGE/VEG SAUSAGE PIZZA SLICE CHICKEN NUGGETS WITH CHIPS, GRAVY or IRISH CURRY SAUCE</p>	<p>SWEET & SPICY VEGETABLE STIR FRY WITH COCONUT RICE</p> <p>SUMMER VEGETABLE & BASIL LASAGNE WITH HOMEMADE GARLIC FOCACCIA</p> <p>CHEERY BUTTERNUT PUFF PASTRY SLICE WITH HERRY SMASHED CRISPY NEW POTATOES</p> <p>BUTTER CHICKPEA CURRY with Naan, Nachos & Mint Yogurt WITH YELLOW RICE</p> <p>PIZZA SLICE VEGIE SAUSAGE WITH CHIPS, GRAVY or IRISH CURRY SAUCE</p>

LOADED SPUDS!

MONDAY CHICKEN SATAY
TUESDAY CHICKEN KORMA
WEDNESDAY CHINESE CHICKEN
THURSDAY Bolognese
FRIDAY ALL THE CLASSICS

AVAILABLE EVERY DAY

REGULAR CHEF'S SPECIALS

HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

HOT DELI KITCHEN

MONDAY SELECTION OF PIZZA SLICES	TUESDAY ULTIMATE FISH FINGER WAP	WEDNESDAY CRISPY CHICKEN WRAP	THURSDAY MEXICAN CHICKEN QUESADILLA	FRIDAY LOADED CORN PUFFERS/SHRIMP
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PASTA, RICE & NOODLE POTS

AVAILABLE EVERY DAY

MONDAY GARLIC CHICKEN ALFREDO PASTA	TUESDAY CHICKEN KORMA RICE POT	WEDNESDAY CHINESE CHICKEN CURRY NOODLES	THURSDAY BEST EVER Bolognese PASTA	FRIDAY CLASSIC MAC CHEESE
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BIG BOWL SALADS

MONDAY CLASSIC CAESAR CHICKEN SALAD	TUESDAY CAESAR PASTA SALAD WITH CHICKEN	WEDNESDAY MEDITERRANEAN COUSCOUS & ROASTED VEGETABLES	THURSDAY NORTH AFRICAN SALAD WITH MINT YOGHURT	FRIDAY SALAD SPECIAL
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DESSERTS

MONDAY MINT CHOCOLATE COOKIES	TUESDAY CHOCOLATE BLANCA	WEDNESDAY OLD FASHION SPRINKLE DRINKS WITH CUSTARD	THURSDAY TROPICAL FRUIT CHOCOLATE DRINKABLE	FRIDAY MEXICAN PEAS ON BAKED BEANS
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Fresh Cut Fruit & Veggie Pots available daily

STREATERIES

Streateries is our secondary meal offer packed full of mouth-watering flavours from around the world. Designed with variety and choice in mind, the menu is built around daily themes inspired by global street food, giving you the chance to explore flavours, trending cuisines, whilst still ensuring that there is a place on the menu for the comfort of our familiar school dining hall favourites.

It's a daily journey for the taste buds, right in the school dining hall! Included is our standard street food dish, a hand held version, vegetarian/vegan choices along with a selection of sides, salads and a home bake favourite or warm traditional pudding for dessert.



A DELI KITCHEN

Our Deli Kitchen offers students a grab & go option from the best of our classic hot and cold food offer. Packed with variety, flavour, and choice to suit every appetite.

The range includes Authentic Italian hand-stretched pizzas and pasta pots, Hacienda Mexicana burritos, rice bowls, and sides, including Voulez Poulet house rub chicken, dogs and tasty extras all the way through to our fresh deli favourite sandwiches, wraps, paninis, loaded spuds, crisp salads, fruit and chilled dessert pots.



LET YOUR TASTE BUDS DO THE TRAVELLING

Each month we explore a different destination full of flavour! See where this year's promotions are stopping ...

GERMAN HAUS SEPTEMBER	AUTHENTIC ITALIAN OCTOBER	COCINA ESPAÑA NOVEMBER
LET'S BEGIN THE FEASTIVITIES! DECEMBER	ROMAN ROOTS JANUARY	PAN ASIAN STREET FOOD STYLE FEBRUARY
GREAT BRITISH PIES HOME STYLE MARCH	INCREDIBLE INDIA X PLANT POWER APRIL	HACIENDA MEXICANA MAY
SABOR DE PORTUGAL JUNE	AMERICAN DINER JULY	

HOT RIGHT NOW!

FROM YOUR FEED TO YOUR COUNTERS.

DON'T MISS THESE LIMITED TIME OFFERS! POPPING UP ALL THE TIME.

Inspired by the hottest current trends, we're bringing the next food trend to your counters!



GOOD FOR YOU & GOOD FOR THE PLANET



Caring for the planet is something that really matters to us and our customers. We see it in the way students think, speak up, and take action.

Our range of initiatives and messages support the journey to reduce environmental impacts. We're encouraging them to make choices that are good for them and the planet - now and in the future.

FEED YOUR FAMILY FOR £5

SCAN ME

Discover affordable and quick step-by-step videos to start cooking up some delicious recipes!

RECYCLE
Help us to reduce our carbon footprint.

NO ORIGINAL WASTE

HELPING THE PLANET ONE BITE AT A TIME

MAKE A SWAP TODAY

1 AVERAGE BEEF BURGER has the same climate impact as...

10 VEGAN BURGERS

4.0 x 10

WATCH YOUR WASTE!
MAKE LANDFILL OR GENERAL WASTE YOUR LAST CHOICE.



REUSE
FOR YOUR PLASTIC CONTAINERS, SEE US FOR THE GUNNY BAGS AND MORE.

MEAL DEAL



At Aspens, we're all about offering **GREAT VALUE** and a **GREAT CHOICE** for students.

With such a variety of options, **YOU'LL ALWAYS FIND SOMETHING TO ENJOY!**



ENJOY!



*FREE SCHOOL MEAL ALLOWANCE CAN BE USED TO BUY A MEAL DEAL.



We encourage customers to talk to us to tell us what they think so we can continually improve!

SUPPORTING BRITISH FARMERS

At Aspens we're proud to support British farmers where we can by serving fresh, seasonal produce with a supply chain that can be traced from field to fork.



Allergens and Special Diets

We cater for different requirements so that all customers can enjoy a tasty meal with us. For pre-packaged food, our labelling processes have been reviewed to give ingredients and allergen information in accordance with Natasha's Law. We continue to encourage customers to talk to us so we can work together to provide food that is safe to eat.

Klimato



We are working with Klimato to tackle carbon emissions from food, highlighting the impact of each meal on our menus.

CONTACT US

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